



Florida Revolution

Players Code of Conduct and Responsibilities

1. Players will be evaluated at practice and in matches for field position and starting Position. No player has a lock on any position or role. Everyone will have the opportunity to win a position throughout the season.
2. The team will have a minimum of 2 training sessions per week which will last 90 minutes. Players are expected to continue their conditioning on non-practice days.
3. If a player is going to miss a practice session she must call or text to notify a coach.
4. All players must report to practice on time. I would recommend arriving 10 to 15 minutes early if possible. Repeated tardiness is unacceptable and will not be tolerated.
5. All players must wear the appropriate gear during practice and games. Cleats, shin guards sliders, and no jewelry. Players are required to bring their own hydration. **NO GEAR NO PRACTICE NO PLAY**
6. It is the player's responsibility to inform the coaching staff of any injury or illness prior to practice or a game that may affect their ability to play.
7. If a player decides to play a second or third sport, this will not become an excuse to miss any practices or games
 - a. This does not apply to any High School Game that may occur during the overlap period.
8. The player must listen attentively when the coach or trainer is speaking.
9. The player must perform any assigned tasks the coach may decide for her immediately and to the best of her ability without complaint or argument.
10. During water breaks the players will not leave the training area without permission.
11. Before, during, and after training sessions "fooling around / cutting up" is not allowed. Upon arrival players are expected to warm up by juggling, stretching, or passing a ball around.
12. The players are not coaches therefore should not act or speak as if they are.
13. Players are NEVER to argue with a referee Coach or trainer
14. Insulting, fighting, or criticizing teammates, coaches, parents, club officials, referees, players from other teams, or spectators will result in disciplinary action which could include suspension or dismissal from the team.
15. The day before any match players should prepare mentally and physically, no match should ever be taken lightly
16. The players must eat appropriate food (HEALTHY), hydrate, and get adequate rest. No candy or soda of any kind will be allowed on or around the fields during games or practices.
17. The players must arrive 45 minutes prior to the start of any match and must be ready for warm-up upon arrival. The term "ready" means dressed in the complete uniform with all equipment on.



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18. If a player disagrees with the coaching staff regarding position, playing time, starting /bench time she should approach the Coach before or after the next practice NOT during the game. **This is a player / coach issue not a parent / coach issue.**
19. Each player is responsible for attending all practices, matches, and tournaments. If a player is not able to attend a game or tournament she shall notify the coaching staff as soon as possible.
20. When a Coach is speaking players are to listen. No arguing and no talking back will be tolerated under any circumstances Failure to listen, pay attention, or give 100% will result in disciplinary action as determined to be appropriate by the Coach or Trainer
Examples
 - a. Drills or Running after practice
 - b. Reduced playing time
 - c. Suspension from game
 - d. Release from team
21. Adherence to the FYSA Code of Ethics is required at all times

TEAM POLICY ON PLAYING TIME

It is important to realize that playing time is not guaranteed on a competitive team. While it is our desire to play each player as much as possible there are many factors than can impact playing time. Playing time will be up to the coaches' discretion. Some players may get far less playing time than others.

Factors that will impact playing time are:

- Effort at practice and in games
- The level of competition
- Players skill set
- Depth of players who play the same position
- A player's health.

TEAM POLICY ON GRADES

School and grades are an important part of every player's life and as such are important to the team. We will support your parents in any way possible when it comes to your academic performance. We have asked your parents to advise us of any action they may take that will impact your availability for practice or games.

TEAM PROJECTS AND HELP



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All team members are required to participate in fundraisers. If you cannot or will not participate you will be required to pay an additional amount. You also understand that fundraisers may not cover all expenses and all parents maybe asked for additional funds,

IN CONCLUSION

Playing for this team is a privilege. Getting better at soccer takes dedication and hard work, but the rewards can be great and a lot of fun. Please accept your invitation to play for this team for the right reasons and only if you agree to adhere to these rules

I hereby agree to follow all policies and procedures set forth in this contract. I understand that failure to follow these policies and procedures could result in suspension or termination from the team.

Players printed name: _____ Date: _____

Players signature: _____ Date: _____

Parents printed name: _____ Date: _____

Parents signature: _____ Date: _____

Parents printed name: _____ Date: _____

Parents signature: _____ Date: _____